



# AARP IN LOWER ALABAMA MAY 2019 NEWSLETTER

Check out the local AARP website for more great events!  
<https://local.aarp.org/mobile-al/events/>

And Please Like us on Facebook: AARP Alabama.  
If you would like this newsletter emailed, please contact me at [ddorton@aarp.org](mailto:ddorton@aarp.org).  
-Dorothy Dorton, ASD-Community Outreach

## MOVIE NIGHT!

### GLORIA BELL

Thursday May 16th @ 6PM  
Regal Stadium 18

Gloria is a free-spirited divorcée who spends her days at a straight-laced office job and her nights on the dance floor. After meeting Arnold on a night out, she finds herself thrust into an unexpected new romance, filled with both the joys of budding love and the complications of dating, identity and family.

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Tickets are FREE but

**REGISTRATION REQUIRED** (opens April 25th)  
[https://aarp.cvent.com/GLORIABELL\\_Mobile](https://aarp.cvent.com/GLORIABELL_Mobile)  
1-877-926-8300

### HEALTH EXPO AND VETERANS RECEPTION

Join Via Health, Fitness and Enrichment Center and AARP Alabama in honoring Veterans for their service.



Monday, May 20th 2018

9:30 AM – 11:30 AM Health Fair

11:30 AM Veterans Reception



Via Health, Fitness and Enrichment Center  
1717 Dauphin Street Mobile, AL 36604  
FREE BUT REGISTRATION REQUIRED.

<https://aarp.cvent.com/ViaVetExpo>

Or Call 1-877-926-8300

### ESTATE PLANNING BASICS

Join AARP Alabama and the South Alabama Volunteer Lawyers Program to answer some of your questions about estate planning.

Friday, May 10th 10AM—12PM

Via Health, Fitness and Enrichment Center

REGISTRATION REQUIRED

<https://aarp.cvent.com/EstatePlan510>

OR CALL 1-877-926-8300

### FREE DORA FRANKLIN FINLEY AFRICAN AMERICAN HERITAGE TOUR AND LUNCH AT VIA CAFE

Join AARP Alabama for this amazing historical tour! Seating is limited  
Via Health, Fitness and Enrichment Center  
1717 Dauphin Street Mobile, AL 36604  
(back parking lot)

Van leaves at 9:30 AM Sharp

1717 Dauphin Street Mobile, AL 36604

May 7th: <https://aarp.cvent.com/AATour57>

May 21st: <https://aarp.cvent.com/AATour521>

OR Call 1-877-926-8300

**YOU MUST REGISTER TO ATTEND**

### Finances for 50+ Lunch and Learn

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Or Call 1-877-926-8300