



Eldercare Assistance

Your Employee Assistance Program (EAP) provides free and confidential assistance with eldercare support, guidance and planning.

We want to give our aging loved ones the best care that they deserve. To help with determining their needs and how to best provide for them, Behavioral Health Systems offers a vast network of specialized providers who can assist employees with eldercare-related issues such as:

- ▶ Long-Term Care solutions
- ▶ Housing & Community Guidance
- ▶ Legal/Estate Planning
- ▶ Retirement Income Planning
- ▶ Asset Management
- ▶ Managing Unexpected Healthcare Expenses
- ▶ Lifestyle Decisions
- ▶ Medicare & Medicaid
- ▶ Veterans Benefits

ACCESSING YOUR BENEFITS

Accessing your EAP benefits begins with a call to BHS.



Your BHS Care Coordinator is available Monday-Friday from 7:00 am—5:30 pm CT by calling 800-245-1150.

For more information, visit:
behavioralhealthsystems.com.
Login to MemberAccess to learn more about your EAP.



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