



Dear Member,

We are pleased to introduce ourselves as your new employee health care clinic. It is our privilege to partner with Baldwin County to provide convenient, high-quality medical care designed to help you stay healthy, recover quickly when you're ill, and support your overall well-being.

Who we are. Vigilant Health is dedicated to providing excellence in medical care. Our innovative clinic model allows easy appointment access and ample time at each visit tailored to your needs. We are proud of our continued success in improving health outcomes and maintaining a high level of satisfaction from employees.

Your employee clinic is available at no additional cost to all employees who participate in the health plan.

More than just your sick days. Whether you have woken up with a sore throat, or you have a chronic condition requiring medical management, our team is here for you.

Common acute conditions we treat:

- Colds, flu, and strep throat
- Rashes and skin infections
- Sprains, strains, and joint pain
- Asthma and allergies
- Any routine primary care conditions

Chronic condition management and wellness needs we address include:

- Annual physicals and health screenings
- Digestive illness, cancer, and stroke support
- High blood pressure and high cholesterol management
- Diabetes, blood glucose and cholesterol management and education
- Heart, lung, kidney, and peripheral artery disease risk management

A team working for you. In addition to the on-site clinical team (a dedicated nurse practitioner and registered nurse for each clinic), there is a team of experts including doctors, providers specializing in diabetes/hypertension/metabolic disease, dietitians, certified diabetes educators, and health coaches working together to take care of your health care needs, help assess & reduce health risks, and serve as your support in your health care journey.

Simple to use. The clinic is open Mondays, Wednesdays, and Fridays from 7 a.m. to 4 p.m., and on Tuesdays and Thursdays from 8:00 a.m. to 5:00 p.m. There is little to no wait—simply call to schedule an appointment that fits your day, including same-day visits when you are not feeling well.

Your health is personal, and we take that very seriously. We look forward to working with you to achieve better health beginning October 5, 2026.

Warm regards,

The Vigilant Health Team